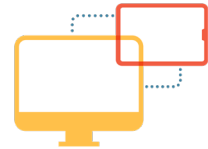


ADVANCED TF-CBT: Application, Engagement & Strategies for Telehealth

Making a Difference, No Matter the Distance



**ND Telehealth
Outreach Program**
for traumatized youth



OVERVIEW OF ADVANCED TF-CBT: APPLICATION, ENGAGEMENT & STRATEGIES FOR TELEHEALTH TRAINING

Telehealth service delivery of TF-CBT can reduce barriers in access to care for children and adolescents who may be unable to attend office-based therapy session due to a variety of reasons (e.g., *lack of transportation, distance to clinic, etc.*). This is a specialized training on implementing TF-CBT over telehealth to help clinicians learn how to effectively provide TF-CBT using telehealth technology, including specific techniques and electronic resources. This training will also provide those using, or looking to use telehealth technology, with some critical considerations and safeguards to keep in mind when providing TF-CBT to children via telehealth technology. A TF-CBT Telehealth Toolkit will be provided to help clinicians implement the model over telehealth with fidelity and creativity!

TRAINING SPECIFICS

- **Virtual Training on Advanced TF-CBT:** Application, Engagement & Strategies for Telehealth
- **Prerequisite:** Clinicians must be currently participating in or have completed a TF-CBT Learning Collaborative
- **Limited availability:** Applications will be reviewed and an acceptance notification will be emailed

DATE/TIME

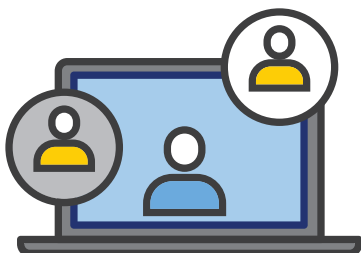
October 15, 2026
Training, 8:30am-12:00pm

LOCATION

Zoom Link

COST

Tuition for this training is being covered by TOPS-TS NCTSN Category 2 funding through SAMHSA



APPLY HERE!

<https://forms.office.com/r/s5uBphMu0w>



Telehealth Training Team

Regan Stewart, Ph.D.

Regan Stewart, Ph.D. is an Associate Professor and Clinical Psychologist in the Department of Psychiatry and Behavioral Sciences at the Medical University of South Carolina. Dr. Stewart's research focuses on (1) addressing mental health disparities for underserved trauma-exposed youth, particularly through the use of telehealth technology and (2) the dissemination and implementation of evidence-based trauma-focused interventions in low resourced environments within the United States and globally. Dr. Stewart is the director of the Telehealth Outreach Program for Traumatic Stress at MUSC, a NCTSN Category 2 Center on Telehealth. This center is focused on utilizing telehealth to increase access to trauma-focused treatment for underserved children.

Nicola Herting, Ph.D.

Dr. Nicola Herting, Ph.D. is a Licensed Clinical Psychologist who specializes in working with children and families impacted by trauma. Dr. Herting has extensive training in trauma and child abuse and is experienced in providing several evidence-based, trauma-specific treatments including TF-CBT, AF-CBT, CFTSI, PSB-CBT, SPARCS, and CPT. Dr. Herting has completed several advanced TF-CBT learning collaborative, including TF-CBT with Children with Developmental Disabilities, Commercially Sexually Exploited and Trafficked youth TF-CBT over Telehealth, and Honoring Children Mending the Circle. Dr. Herting is part of the 2024-2025 TF-CBT Cohort to become a nationally certified TF-CBT trainer. Dr. Herting regularly provides training and consultation on trauma-informed care, evidence-based and trauma-informed screening, assessment, and treatment. Dr. Herting is involved in several statewide evidence-based trauma treatment and screening implementation initiatives in North Dakota and trains nationally on delivering trauma-focused treatment over telehealth. Dr. Herting co-developed the North Dakota Telehealth Outreach Program and is part of the TOPS-TS team at MUSC.

Paula Condol, M.S., LPCC

Paula Condol, M.S., LPCC is an independent contractor and licensed clinical therapist that has worked in the trauma field for over 25 years. She provides several evidence-based treatments to youth and their families affected by trauma including Trauma Focused-Cognitive Behavioral Therapy, Alternatives for Families-Cognitive Behavioral Therapy and Problematic Sexual Behavior-Cognitive Behavioral Therapy. She has also been trained in many adaptations of evidenced based practices including Honoring Children, Mending the Circle (Native American cultural adaption of TF-CBT), TF-CBT using Telehealth, and TF-CBT for Trafficked Youth. Paula is a certified TF-CBT supervisor and is trained in providing TF-CBT consultation calls. She is also an in-house train the trainer in PSB-CBT-school age. Paula co-developed Telehealth Outreach Program in North Dakota as well as the Building Resiliency Together program and is a trainer and consultant nationwide.

Eneida Vilella, MA, LPCC

Eneida Vilella, MA, LPCC is a Bilingual Therapist at the Dakota Children's Advocacy Center. Eneida provides several evidence-based treatments to youth and their families affected by trauma in Spanish and English. She is trained in the following therapies: Trauma Focused-Cognitive Behavioral Therapy, Alternatives for Families-Cognitive Behavioral Therapy, Problematic Sexual Behavior-Cognitive Behavior Therapy, Parent Child Interaction Therapy, Cognitive Processing Therapy and Structured Psychotherapy for Adolescents Responding to Chronic Stress. She has also been trained in adaptations of evidenced based practices including Honoring Children, Mending the Circle (*Native American culture adaptation of TF-CBT*), TF-CBT using Telehealth, and TF-CBT for Trafficked Youth. Eneida has presented nationally advocating for Language Justice in the world of Children's Advocacy Centers. Eneida assisted in the launch of the Telehealth Outreach Program for Traumatized Youth in North Dakota and is a telehealth co-trainer nationwide.